

LISTENING PROBLEMS CHECKLIST

- ___ 1. I believe listening is an automatic process, not a learned behavior.
- ___ 2. I stop listening and think about something else when a speech is uninteresting.
- ___ 3. I find it hard to listen to speeches on topics about which I feel strongly.
- ___ 4. I react emotionally to trigger words.
- ___ 5. I am easily distracted by noises when someone is speaking.
- ___ 6. I don't like to listen to speakers who are not experts.
- ___ 7. I find some people too objectionable to listen to.
- ___ 8. I nod off when someone talks in a monotone.
- ___ 9. I can be so dazzled by a glib presentation that I don't really listen to the speaker.
- ___ 10. I don't like to listen to speeches that contradict my values.
- ___ 11. I think up counterarguments when I disagree with a speaker's perspective.
- ___ 12. I know so much on some topics that I can't learn from most speakers.
- ___ 13. I believe the speaker is the one responsible for effective communication.
- ___ 14. I find it hard to listen when I have a lot on my mind.
- ___ 15. I stop listening when a subject is difficult.
- ___ 16. I can look like I'm listening when I am not.
- ___ 17. I listen only for facts and ignore the rest of a message.
- ___ 18. I try to write down everything a lecturer says.
- ___ 19. I let a speaker's appearance determine how well I listen.
- ___ 20. I often jump to conclusions before I have listened all the way through a message.